

Health Guidelines

Welcome to Newhall School District. As the District Nurses, we would like to inform you of some health information for your child:

Illness and Emergencies During School:

First aid will be provided as needed at the school site. School personnel may not diagnose illness or injury. Injured or ill students must be picked up by a parent/guardian or an adult who is authorized on the student's emergency card.

Recommendations for Staying Home from School and Reasons Your Child Will Be Sent Home from School:

Mild illness is common among children and does not usually constitute a reason for excluding children from their usual school activities. However, children with the following illnesses or symptoms may pose a risk to their classmates and teachers and should not be sent to school or will be sent home from school. Promptly notify the school if your child has an illness which could be spread to other students.

1. Temperature of 100.4 degrees F or above.
2. Diarrhea
3. Vomiting
4. Pain which does not subside after 15 minutes rest.
5. Illness that prevents the child from participating comfortably in program activities.
6. Flu symptoms, accompanied by fever.
7. Rash with fever or behavior change, until a physician has determined the illness not to be contagious.
8. Oozing, open wound or infection that cannot be covered and is in an area that might come in contact with others.
9. Tender red area of skin, rapidly increasing in size or tenderness.
10. Pink Eye (conjunctivitis) or red eye with discharge until examined by a physician and approved for readmission with treatment.
11. Any student presenting with live lice in their hair.
12. Any communicable disease.

Medications at School

Students may not carry medications at school (except inhalers and epi-pens with special written permission from their physician and parent). If your student needs medication (including non-prescription), please see the Medication Authorization Form and instructions in this packet. Medications will only be administered with parent and physician consent.

Sunscreen

Sunscreen may be brought to school with written parent permission. It may be kept in the health office if child requires assistance in applying it, or kept in their backpack for use as needed.

Hearing, Vision and Color Vision Screening

The State of California mandates periodic vision and hearing screening for school children. We routinely screen vision for grades K, 2 and 5, and hearing for grades 1, 2, and 5. Color vision is tested for all first grade boys. Teachers may also refer students for these screenings as indicated. Parents/guardians will be notified if the student fails any of the screenings. If you would like to refer your child to participate in screening, please send a letter to the health office of your school. If you wish to exempt your child from vision or hearing screening, please notify the health office at your child's school. *California state law requires a parent who wishes to exempt their child from screening to present a report from a physician or optometrist with the results of their recent vision or hearing test.*

Access to Health Care

If you have difficulty accessing health care for your student, please feel free to contact the District Nurses at 291-4184. We can assist with local resources.

When to return to school:

1. Students should be fever free without medication for 24 hours before returning to school.
2. Students should be free of vomiting/and or diarrhea for 24 hours before returning to school.

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Students must be able to focus on learning during the school day. Students should be able to eat a meal before coming to school in the morning. .

3. Students with a diagnosis of strep throat should be seen by a physician, and must be on antibiotics for 12 hours before returning to school.
4. Students with head lice should be treated with a medicated shampoo before returning to school. Parents should use a lice comb to comb all of the nits(eggs) out of their child's hair before returning to school.
5. The student with live head lice will be examined upon return to school for any lice or nits, and parent will be notified.
6. Students with a diagnosis of pink eye may return to school after antibiotic drops are started and student is feeling better.
7. Any student with an open oozing sore must be able to cover their wound to prevent transmission to another student. Sores must be dry and crusted over if unable to cover with bandage.

Casts, Splints, Crutches

Students who have casts, splints, crutches etc. will be kept in the quiet area during recess to avoid further injury. Please bring a note from your doctor re: any specific restrictions and when they are released to full activities again.

Please feel free to call your child's school site or the District Nurses if you have any questions @ 661-291-4184